



OTFORD VALLEY EQUESTRIAN

Sport Horse Camp

- Itinerary -

Join us for a full-immersion specialist equestrian sporthorse camp designed to develop your riding skills, build your equine knowledge, refine your horsemanship and increase your confidence in a performance setting for competition riding.

What to expect: The camp is designed to enhance equestrian knowledge, elevate riding skills, and foster personal growth, all within a supportive environment that helps riders achieve their goals. There is a specific focus on dressage and jumping. Riders will be expected to set goals for the week and achieve them under the guidance of a qualified, experienced EA Level 1 Coach.

Maximum learning potential is offered with multiple ridden lessons per day, along with a great variety of additional on and off-horse activities. The week of specialist training all culminates in a competition-style final day where riders get the opportunity to put together everything they've learnt throughout the camp in a dressage and jumping showcase.

Riders stay onsite, residing in a shared bunk room style sleeping quarters for the duration of the camp. Breakfast, lunch and dinner are provided. At the end of each day's lessons, riders will participate in a variety of fun evening activities, like having their horse knowledge put to the test; sharing stories around the campfire; and enjoying a good horse movie with their new crew.

Our Facilities:

- Indoor arena with lights
- 20x60m outdoor Dressage arena with lights
- Undercover round yard
- Undercover wash bays
- Outdoor yards and stables
- Day yards
- Indoor stables
- Multiple tack rooms
- Feed room
- Paddocks



- 100 acres of trail riding
- River riding
- Common Room
- Picnic & BBQ facilities
- Toilets & showers
- Float parking (by arrangement)

Your Coach: Christine Armishaw is a qualified Equestrian Australia Level 1 Coach. On top of over 30 years of riding & experience with horses, she also holds her NZQA National Certificate in Stable Practice Level 4, National Equestrian Academy Certificate in Equitation, NZQA National Certificate in Community Coach Level 4. Christine is also a qualified Veterinary Nurse - NZQA National Certificate in Veterinary Nursing Level 4, and a Certified Life Coach with the American Union of NLP. Christine actively competes up to 1-Star eventing and 1.10m show jumping. Christine produces all her own horses from a young age as she originally started her equestrian career as a breaker and trainer. For larger camps, coaching may be split between Christine and one other trainer.

Daily Meals: Meals are prepared fresh each day and dietary requirements will be catered to within reason, eg Vegetarian & Gluten Free. Breakfast is continental with pancakes on the last morning. Lunch is typically a 'Subway' style sandwich bar where students can build their own sandwiches. Dinner is prepared each night with Aussie classics. Fruit, muffins & muesli bars will be offered as snacks regularly.

Accommodation: Students will stay in converted horse stables in bunk room style accommodation which is basic but comfortable. They will wake and step right into the indoor arena, where they will then tend to their horse's needs before having breakfast.

Cell Phones: Cell phones are allowed however use is discouraged. Students are encouraged to build close knit relationships with each other and their horses while on camp.

Rider Requirements: Riders must be 9-17 years old. Riders need to be able to walk, trot and canter unassisted at a base level. The camps are not suited to complete beginners.

Rider Equipment: Riders must bring their own helmet, breeches, short riding boots & chaps, or tall riding boots. All horse tack is provided if using an OVE horse. Riders are encouraged to bring tidy, competition riding attire for the



Friday showcase (this is not compulsory). A full student itinerary is provided prior to the camp.

Lessons: Riders can expect up to three lessons per day depending on rider ability and numbers on the camp. This is a mix of formal group lessons, arena work, groundwork sessions; and lite lesson riding activities such as horse swimming, show preparation, tack care and trail rides.

Cost: 5 days & 4 nights. Monday 8am - Friday 3pm

- OVE Agistee with own horse: \$1,199.00
- Rider bringing own horse: \$1,299.00 (incl yards)
- Rider partnered with OVE horse: \$1,499.00

Payment arrangements available, please enquire. 20% deposit to secure your spot. Refunds are available up to seven days prior to camp commencement. Refunds inside seven days of the camp commencing will only be available if we can fill your spot from a waitlist. Prices include gst. Cash, Bank Deposit, Paypal and Credit Card payments are available.

Indicative Camp Days:

Day 1

- 8:00 am • *(Arrival of riders bringing own horses)*
- 9:00 am • Start - Meet in Common Room - orientation (safety brief & rules), horse allocation.
- Goals, aims, challenges
- 10:15 am • **Get to know your horse:** Groundwork Lesson (untacked)
- 11:30 am LUNCH
- 12:30 pm • Tack-up
- 1:00 pm • **Speak the language:** Dressage Lesson
- 2:30 pm • Untack, hay & water for horses in day yards
- 3:30 pm BREAK
- 4:00 pm • **Bullseye:** Horseback Archery (or other Lite Lesson)
- 5:30 pm DINNER & DESSERT
- 7:00 pm • Team Building & Games
- 8:30 pm • Bed time

Day 2

- 6:30 am • Wake-up, tidy bunk room
- Tend to horse
- 7:30 am • Brekkie & showers
- 9:30 am • **Find Your Feet:** Flatwork/Polework Lesson



- 11:00 am • Untack, hay & water for horses in day yards
- 11:30 am LUNCH
- 1:00 pm • **Lift Off:** Jumping Lesson
- 2:30 pm • Untack, hay & water for horses in day yards
- 3:00 pm BREAK
- 4:00 pm • **Cow Pony:** Barrel Racing (or other Lite Lesson)
- 5:30 pm DINNER & DESSERT
- 7:00 pm • Equestrian Quiz Night
- 8:30 pm • Bed time

Day 3

- 6:30 am • Wake-up, tidy bunk room
- Tend to horse
- 7:30 am • Brekkie & showers
- 9:30 am • **Let's Dance:** Dressage Lesson
- 11:00 am • Untack, hay & water for horses
- 11:30 am LUNCH
- 1:00 pm • **Confidence is Key:** Jumping Lesson
- 2:30 pm • Untack, hay & water for horses in day yards
- 3:00 pm BREAK
- 4:00 pm • **Get into Nature:** Dusk Trail Ride (or other Lite Lesson)
- 5:30 pm DINNER & DESSERT
- 7:00 pm • Bonfire & roasting marshmallows
- 8:30 pm • Bed time

Day 4

- 6:30 am • Wake-up, tidy bunk room
- Tend to horse
- 7:30 am • Brekkie & showers
- 9:30 am • **Staying Connected:** Dressage Lesson
- 11:00 am • Untack, hay & water for horses in day yards
- 11:30 am LUNCH
- 1:00 pm • **Elevate:** Jumping Lesson
- 2:30 pm BREAK
- 3:00 pm • **So Fresh & So Clean:** Wash horses & Showcase Prep Lesson
- Clean & prep tack
- 6:00 pm DINNER & DESSERT
- Pizza & movie night
- 8:30 pm • Bed time



Day 5

~ Competition-Style Showcase Day ~

- 6:30 am
 - Wake-up, pack-away gear in bunk room
 - Tend to horse
- 7:30 am
 - Pancake brekkie & showers - dress in your best and cleanest, it's time to shine!
- 10:00 am
 - **Showcase Time:**
 - Horse Presentation
 - Dressage
 - Horses in day yards
- 12:00 pm LUNCH
- 1:00 pm
 - **Showcase Continues:**
 - Jumping
- 2:30 pm
 - Horses untacked & away
- 3:00 pm CAMP CONCLUDES

Lite Lessons include activities such as:

- Barrel Racing
- Bareback Riding
- Swimming Horses
- Horseback Archery
- Join-Up
- Horse Desensitisation
- Working Equitation
- Mounted Games
- Tack Care
- And more!

*Activities and time slots are a guide only and are subject to change according to weather. Lesson times may change according to number of riders.

